

## **Texas OPTI / Plaza Medical Center Family Practice Residency**

The residency program in Family Practice at Plaza Medical Center in Fort Worth has been established to train physicians to be capable of managing a majority of the clinical problems seen in a typical family practice clinic. The scope of the training includes all elements stated in the Basic Standards for Training in Family Medicine defined by the American College of Osteopathic Family Physicians of the American Osteopathic Association. In this program resident will learn to evaluate, manage a wide variety of medical problems regardless of diagnosis, gender, age of the patient or severity of illness, while adhering to the standards of care in a model family practice clinic, emergency medicine and inpatient care, required and elective clinical rotations, didactic conferences, competency based evaluation of skills and knowledge and continuous exposure to osteopathic principles and practices.

The program consists of three years of supervised training: one year of family practice track internship followed by two years of residency training in family medicine. The first year (internship) is modeled after the traditional one-year American Osteopathic Association's rotating internship. The second year (PGY2) and the third year (PGY3) shift the training to an ambulatory outpatient setting with an emphasis on community and office-based practice. The program follows the guidelines for accredited residency programs established by the American College of Osteopathic Family Physicians.

The entire program consists of 36 months of clinical and educational rotations in the hospital, model ambulatory clinic, and private offices of the attend physician, especially in specialty and subspecialty areas of training. Ambulatory clinical training will take place at a model family practice clinic located in Fort Worth, Texas and an easy commute to the Hospital for residents and patients. The ambulatory clinic experience will provide the resident with a continuing care exposure to a panel of private patients. A core of full time board-certified family physician faculty supervises all the resident's clinical encounters. First year residents (interns) will spend one half-day per week in the ambulatory clinic. PGY2 and PGY3 residents will spend an average four half-days in the family practice clinic in order to document the AOA required 312 scheduled clinics. The interns and resident's skills and knowledge will be evaluated using an AOA approved competency based evaluation system. Resident will also help to improve the program by completing evaluations on the overall program, clinical rotations and the faculty.

To augment ambulatory training and exposure, residents will participate in designated clinical rotations in specialty and subspecialty medicine. These clinical rotations will take place in the hospital, attending physician offices, and other specialty clinics or community sites. Residents will attend weekly didactic conferences in a variety of medicine and biopsychosocial topics commonly seen in a typical family practice environment. The core faculty and other medical specialists will present these conferences.

The residency program is constructed around the following tenants of training:

- A well-designed and measurable curriculum of specified clinical experiences.
- Exposure to model family physician and behavioral scientist faculty.
- Active participation in core clinical rotations and feedback regarding performance.
- Assessment of skills and knowledge using competency based evaluations.
- Clinical experiences augmented by didactic conferences and independent staff.